

Mental Health Clinician Self-Assessment

Name of clinician:

Mental Health Standard

ESSENTIAL COMPONENT A

Education/license requirement (must select ONE):

Academic training standard	Date completed	Completed, yes/no?
Master's degree/licensed/certified in a related mental health field	<input type="text"/>	<input type="text"/>
Master's degree in a related mental health field and working toward licensure; supervised by a licensed mental health professional	<input type="text"/>	<input type="text"/>
Student intern in an accredited mental health related graduate program, when supervised by a licensed/certified mental health professional	<input type="text"/>	<input type="text"/>
Both the student intern and supervising licensed mental health professional must meet the indicated 40-hour training requirements. Students who are currently enrolled in a training to deliver an evidence-based treatment (EBT) may provide services to children as a part of their EBT training.		

Foundational training requirement

Clinician has completed 40 hours in one or more of the following trauma-focused, evidence-based treatment trainings:

The Children's Advocacy Center (CAC) must demonstrate its mental health provider(s) has completed 40 contact hours in training and consultation calls to deliver an evidence-supported mental health treatment to children who have experienced trauma from abuse. (NCA approved treatments include TF-CBT, PCIT, AF-CBT, CFTSI, EMDR, CPP, PSB-CBT). Training programs that include fewer than 40 hours (including consultation calls) may be supplemented with contact hours in evidence-based assessment.

Does the clinician have foundational training in one or more of these evidence-supported mental health treatments?

Do the training, consultation and supervision hours combined equal 40 hours?

Training topic	Total training hours	Total consultation hours	Total supervision hours
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)			
Parent-Child Interactive Therapy (PCIT)			
Alternatives for Families - A Cognitive Behavioral Therapy (AF-CBT)			
Child and Family Traumatic Stress Intervention (CFTSI)			
Eye Movement Desensitization and Reprocessing (EMDR)			
Child-Parent Psychotherapy (CPP)			
Problematic Sexual Behavior - Cognitive Behavioral Therapy (PSB-CBT)			

Total hours of foundational training/consultation/supervision:

ESSENTIAL COMPONENT B

Clinicians providing mental health treatments to CAC clients must demonstrate completion of continuing education in the field of child abuse, trauma, clinical practice and/or cultural applications consisting of a minimum of eight contact hours every two years.

Training topic or title	Date completed	Number of hours	Certificate or completion confirmation, yes/no?

Total hours of continuing education:



ESSENTIAL COMPONENT C

Evidence-supported, trauma-focused mental health services for the child client are consistently available and include:

*Note: All services should be culturally informed and culturally responsive.

1. Trauma-specific assessment of traumatic events and abuse-related trauma symptoms to determine the need for treatment

- a) Briefly describe how this is conducted and in collaboration with whom:

2. Evidence-based assessments to inform treatment

- a) Briefly describe how this is occurring:

- b) Name the assessment(s) being used:

3. Individualized treatment plan based on assessments that are periodically reassessed

- a) Briefly describe how this is occurring:

4. Individualized evidence-supported treatment appropriate for the child client and other family members

- a) Briefly describe how this is provided:

5. Child and caregiver engagement in treatment

- a) Briefly describe how this is occurring:

6. Monitoring of trauma symptom reduction

- a) Briefly describe how this is occurring:

7. Referral to other community services as needed

- a) Briefly describe how this is facilitated:



ESSENTIAL COMPONENT D

Please explain how mental health services are available and accessible to all CAC clients regardless of their ability to pay.

ESSENTIAL COMPONENT E

Do the CAC/multidisciplinary team's (MDT) interagency agreement/memorandum of understanding (MOU) or written protocols/guidelines include access to appropriate trauma-informed mental health assessment and treatment for all CAC clients?

ESSENTIAL COMPONENT F

Do the CAC/MDT's written protocols and guidelines define the role and responsibility of the mental health professional(s) on the MDT, to include the following:

Roles/responsibilities	Yes/no	Where this can be found
Attending and actively participating in MDT case review and case management	<input type="checkbox"/>	<input type="text"/>
Sharing relevant information with the MDT while protecting the clients' rights to confidentiality and the mental health professional's legal and ethical requirements	<input type="checkbox"/>	<input type="text"/>
Serving as a clinical consultant to the MDT regarding child trauma and evidence-based treatment	<input type="checkbox"/>	<input type="text"/>
Monitoring and sharing with the MDT the child's and caregiver's engagement in, and completion of, treatment	<input type="checkbox"/>	<input type="text"/>



ESSENTIAL COMPONENT G

Do the CAC/MDT's written protocols and guidelines include provisions about the sharing of mental health information and how client confidentiality and mental health records are protected in accordance with state and federal laws?

ESSENTIAL COMPONENT H

Does the CAC provide services to caregivers that address:

Roles/responsibilities	Yes/no	Where this can be found
Safety and well-being of the child	<input type="text"/>	<input type="text"/>
Caregiver involvement in their child's treatment when appropriate	<input type="text"/>	<input type="text"/>
Emotional impact of abuse allegations	<input type="text"/>	<input type="text"/>
Risk of future abuse	<input type="text"/>	<input type="text"/>
Issues or distress that the allegations may trigger, including own history of trauma and/or current experience of abuse, violence and/or other trauma	<input type="text"/>	<input type="text"/>

ESSENTIAL COMPONENT I

Please explain how clinicians providing mental health treatment services to CAC clients are participating in ongoing clinical supervision and/or consultation:

Required Attachments

- Mental health clinician(s) licensure documentation or confirmation of student interns enrolled in a master's program
- Mental health clinician(s) foundational training certificate(s)
- Mental health clinician(s) continuing education certificate(s)
- CAC/MDT's written protocols/guidelines that outline how mental health services are available to all CAC clients and mental health clinicians actively participate in case review

